

# HealthSouth's Amputee Rehabilitation Program



HealthSouth is the nation's largest provider of inpatient rehabilitative healthcare services. Our vast network of highly skilled physicians and therapists and the latest equipment and technology guarantees that all patients have easy access to high-quality healthcare. At HealthSouth, we're dedicated to providing expert, cost-effective care, producing excellent outcomes.

Rusk Rehabilitation Center offers the clinical, technical and professional resources necessary to provide individualized treatment programs that promote progress toward independence and help patients live without limits.

## Therapeutic Objectives

The Amputee Rehabilitation Program focuses on the unique needs of each individual by helping him or her achieve the highest possible level of independence.

Objectives of the program include:

- Pre-prosthetic instruction
- Prosthetic gait training
- Instruction in skin care
- Prosthetic limb maintenance

## Individualized Care

Upon entering the program, patients are evaluated by our team of rehabilitation professionals, and an individualized treatment plan is established.

Team members may include:

- Physical therapists – work to improve strength, endurance and mobility.
- Occupational therapists – improve daily living skills.
- Dietitians – provide nutritional evaluation and support.
- Rehabilitation nurses
- Physician – to address case and disease management.
- Case manager
- Other team members may include psychologists, wound specialists and prosthetists.

The treatment plan is designed to accomplish therapeutic goals through a sequence of measurable, achievable steps.

Therapeutic goals include:

- Improving general and specific muscle strength
- Educating the patient and his or her family concerning skin care and maintenance of prosthesis
- Shaping limb for prosthetic fit
- Teaching independence in ambulation with/without prosthesis
- Increasing independence in daily living skills
- Developing coping skills for patient and family adjustment to the physical change and challenges

